



SUPPLEMENT GUIDE

General Supplements	Serving Size	Kcals	Protein (gm)	\$/Serving	Pack Size	Item #
NuBasics – Nestle (1.0 cal/ml)	250 ml	250	8.75	.67	4-6/8 oz.	577340v, 577350s, 577360c
Ensure – Ross	250 ml	250	8.8	1.10	4-6/8 oz.	577010v, 577040c, 577050s
Resource Health Shakes – Novartis	4 oz.	190	6	.22	75/4 oz.	577800v, 577810s, 577820c
Resource Health Shakes – Novartis	6 oz.	280	9	.29	50/6 oz.	577770v, 577780c, 577790s
Resource Milk Shake Mix* – Novartis	8 oz.	280	9	.18	6/1 lb. 2.6 oz.	431100s, 431110v
Resource Apple Cranberry Drink - Novartis	6 oz.	190	6	.83	50/6 oz.	577855
Resource Orange Drink - Novartis	6 oz.	190	6	.83	50/6 oz.	577850
Resource Shake - Novartis	6 oz.	270	9	.56	50/6 oz.	577830v, 577840s
Resource Nutritious Pudding - Novartis	5 oz.	250	9	.67	45/5 oz.	578800v, 578810c, 578820b
Nutra Shake – Citrus, Sugar Free	4 oz.	200	6	.31	75/4 oz.	577530
Magic Cups – Menu Magic	4 oz.	280	8	.43	48/4 oz.	577960o, 577970wb
Great Shake JR – Menu Magic	4 oz.	230	8	.30	50/4 oz.	578010s, 577980l, 577990c, 578000v
Great Shake – Menu Magic	6 oz.	300	9	.34	50/6 oz.	577930v, 577940s, 577950c
Mocha Supreme Nutrition Bar	1 bar	125	4.4	.77	2/24ct	343836 Special Order Only
Chocolate Deluxe Nutrition Bar	1 bar	125	4.4	.77	2/24ct	343735 Special Order Only
Vanilla Berry Nutrition Bar	1 bar	125	4.4	.77	2/24ct	343735 Special Order Only
Orange Cream Beverage*	8 oz.	220	6	.50+	6/3#	431260
**Cereal Plus Oatmeal - Novartis	2/3 cup	325	9	.44	4/27.3 oz.	424070
**Cereal Plus Farina - Novartis	2/3 cup	325	9	.44	4/27.3 oz.	424080
Ice Cream Plus - Novartis	4.5 oz.	290	9	.63	45/4.5 oz.	578110v, 578120c

High Calorie/ High Protein Supplements	Serving Size	Kcals	Protein (gm)	\$/Serving	Pack Size	Item #
NuBasics Plus – Nestle (1.5 kcal/ml)	250 ml	375	15	.80	4-6/8 oz.	577390v, 577400c
NuBasics – Nestle (2 kcal/ml)	250 ml	500	20	1.00	4-6/8 oz.	577410v
Ensure Plus – Ross	250 ml	355	13	1.26	4-6/8 oz.	577100v, 577110c
Resource Shake Plus - Novartis (2 kcal/ml)	8 oz.	500	15	.66	50/8 oz.	577740v, 577750s
2 - Cal HN - Ross	8 oz.	475	19.8	1.00	24/8 oz.	576990v, 577000bp

Supplements– Renal	Serving Size	Kcals	K+ (mg)	Protein (gm)	Phos (mg)	\$/Serving	Pack Size	Item #
Re/Neph K=10 mg Ph=24 mg	4 oz.	250	10	8	24	.45	48/4 oz.	577500v, 577510s
Cream Renal Beverage - Novartis	4 oz.	250	60	8	40	.80	25/4 oz.	577580v, 577590o

Low Carb/Sugar Free Suppl.	Serving Size	Kcals	Protein (gm)	CHO (gm)	\$/Serving	Pack Size	Item #
Nugget S/F Instant Breakfast*	8 oz.	180	15	19	.35+	8/4.5 oz.	575550v
Resource Health Shake No Sugar Added - Novartis	6 oz.	250	12	35	.60	50/6 oz.	577760v 577640s
Resource Health Shake No Sugar Added - Novartis	4 oz.	165	8	24	.48	50/4 oz.	577300s
206 Cookie, Sugar Free - Menu Magic	1 each	200	6	27	.39	50/1 pk	572330l

v = vanilla c = chocolate s = strawberry e = eggnog wb = wildberry l = lemon b = butterscotch
a = apple o = orange asst. = assorted case vs = vanilla swirl cr = cranberry fp = fruit punch bp = butter pecan

*denotes serving size and nutrient information of the mix prepared with fluid (milk) +denotes cost of mix only, does not include cost of fluid (milk) added
**denotes prepared serving size and nutrient information when made with reduced fat milk (2%)

High Protein Supplements	Serving Size	Kcals	Protein (gm)	\$/Serving	Pack Size	Item #
Nugget Instant Breakfast Mix*	8 oz.	285	15	.31	12/1.2 lb.	431160c, 431170s, 431180v
Nutricare Mix*	8 oz.	280	16	.22	8/2.1 lb.	577080asst., 577090v, 577060s 577020e, 577030c
Supplafrol – Carbotrol*	8 oz.	280	16	.26+	8/18 oz.	577470s, 577480v, 577490asst.
Resource Milk Shake Plus Mix* – Novartis	8 oz.	290	15	.24	6/1 lb. 4 oz.	431230v, 431240s, 431250c
Resource Egg Nog Mix* - Novartis	8 oz.	290	15	.35+	10/1 lb. 4 oz.	431320
Resource High Protein Cherry Gel - Novartis	4 oz.	150	12	.94	12/8.5 oz.	575400
Resource High Protein Chicken Broth - Novartis	6 oz.	120	7	.80	12/9 oz.	501490 Special Order Only
206 Cookie – Menu Magic - Blueberry	1 each	200	6	.26	50/1 pack	578050
Cookie Plus, Peanut Butter, Novartis	1 each	220	6	.30	50/1.75 oz.	572390
Cookie Plus, Sugar, Novartis	1 each	220	6	.30	50/1.75 oz.	572400
Forta Fruit Punch – Ross	8 oz.	170	10	.58	4/17 oz.	577220fp
Forta Shake Mix* – Ross	8 oz.	290	17	.47+	4/17 oz.	577240v
Nubasics VHP-Nestle	250 ml.	250	15.6	1.15	24/250 ml.	577570vs
Replete w/Fiber-Nestle	250 ml.	250	15.6	1.40	24/250 ml.	577550 v

Fiber Added Supplements	Serving Size	Kcals	Fiber (gm)	\$/Serving	Pack Size	Item #
NuBasics with Fiber – Nestle	250 ml	250	3.5	.90	4-6/8 oz.	577370v
Jevity – Ross	250 ml	250	3.4	1.32	4-6/8 oz.	577280v
Resource Benefiber - Novartis	1 tbsp.	16	3	.14	4-7.2 oz.	424090
Replete w/fiber-Nestle	250 ml.	250	3.5	1.40	24/250 ml.	577550v
Resource Health Shake, No Sugar	6 oz.	250	3	.60	50/6 oz.	577760v, 577640s
Resource Health Shake, No Sugar	4 oz.	165	2	.48	50/4 oz.	577300
**Cereal Plus Oatmeal - Novartis	2/3 cup	325	9	.44	4/27.3 oz.	424070
**Cereal Plus Farina - Novartis	2/3 cup	325	9	.44	4/27.3 oz.	424080
Resource Benifiber Juice Drink - Novartis	4 oz.	70	3	.36	8/46 oz.	578080a, 578090o

Calorie Additive	Serving Size	Kcals		\$/Serving	Pack Size	Item #
Polycose - Ross	1 Tbsp.	23		.02	6/12.3 oz.	577210
	1 fluid oz.	60		.02	8-6/4.2 oz.	577170
MultiMix	4 Tbsp.	120	12	.50	1-3.5 oz.	577540

Protein Additives	Serving Size	Kcals	Protein (gm)	\$/Serving	Pack Size	Item #
Pro Mod – Ross	1 scoop	28	5	.04	6/9.7 oz.	577330
MultiMix	4 Tbsp.	120	12	.50	1-3.5 oz.	577540

Lactose Free Supplements	Serving Size	Kcals	Protein (gm)	\$/Serving	Pack Size	Item #
All Nestle Formulas	8 oz.	varies	varies	varies	4-6/8 oz.	see previous listings
All Ross Formulas	8 oz.	varies	varies	varies	4-6/8 oz.	see previous listings
Resource Orange Drink - Novartis	6 oz.	190	6	.83	50/6 oz.	577850
Resource Apple Cranberry Drink - Novartis	6 oz.	190	6	.83	50/6 oz.	577855
Resource Shake Lactose Controlled - Novartis	6 oz.	270	9	.56	50/6 oz.	577830v, 577840s
Resource Shake Plus, Lac Controlled - Novartis	8 oz.	400	15	.66	50/8 oz.	577740v, 577750s
Nutra Shake – Citrus, Sugar Free	4 oz.	200	6	.31	75/4 oz.	577530

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